

Covid-19 Procedures Cornerstone JK March 2021

- Children and their caregivers will remain outside until it is the scheduled time for Junior Kindergarten to start
- Child caregivers will need to physically distance from other caregivers. Pick-up and drop-off of children should occur outside the child care setting unless there is a need for the child caregiver to enter the setting (e.g., very young children). If a child caregiver must enter the setting, they should maintain physical distance from staff and other children present, wash their hands upon entry, and wear a mask.
- Staff will wear masks when visiting adults are present in the classroom
- Child care staff and other adults will wear a mask when indoors and interacting with other adults except when
 - They can consistently maintain physical distance
 - There is a barrier in place
 - They are eating and drinking.
- Children may wear a mask based on personal or family choice; however, infants under two years of age should not wear masks as it may make it difficult for them to breathe. Child care staff should supervise and support children to ensure safe and proper use if masks are worn.
- Parents and caregivers that are symptomatic of Covid 19 must not enter the child care facility or have been asked to self-isolate
- Daily check at drop-off will be conducted by asking parents and caregivers to confirm that their child is healthy and does not have symptoms of COVID-19 and no new symptoms of any illness
- A staff member will sign in and out the children on the sign in/out sheet
- Staff and children will wash their hands upon arrival at the preschool and when they depart

Covid-19 Illness Policy

- All parents, caregivers, children, staff and visitors who have new symptoms of illness OR symptoms of Covid 19 OR have travelled outside Canada in the last 14 days OR were identified by Public Health as a close contact of a confirmed case must not enter Cornerstone Junior Kindergarten
- Parents and caregivers must assess their child daily (a daily health check) for symptoms of common cold, influenza, COVID-19, or other infectious respiratory disease before sending them for child care. A child may still attend Cornerstone Junior Kindergarten if another person in their home has symptoms of common cold, influenza, COVID-19, or other infectious respiratory disease, but the child remains asymptomatic.
- staff will conduct daily health checks when a child is dropped off by asking parents and caregivers to confirm that the child being dropped off is healthy
- Staff will assess themselves daily for new symptoms of illness (a daily health check)

Parents, please conduct daily health checks of your child (Refer to the document Covid 19 Daily Health Check Cornerstone Junior Kindergarten) every morning before you bring your child to Cornerstone Junior Kindergarten. Children need to stay home when new symptoms of illness develop these could include:

- -runny nose
- -Pain- any complaints of unexplained or undiagnosed pain
- -Infected skin or eyes
- -Severe itching of body and/ or scalp
- Or symptoms of **Covid 19**

Covid 19 Symptoms

Staff will and children should get tested and stay home if they have **1** of the following symptoms

- fever (100/38.3C or more)
- chills
- cough
- difficulty breathing (in small children, this can look like breathing fast or working hard to breathe)
- loss of sense of smell or taste

Staff will and children should stay home until they feel better if they have **1** of these symptoms

If staff and children have **2** or more of these symptoms they will:

Stay home and wait 24 hours to see if they feel better.

Get tested if they are not better after 24 hours

- nausea or vomiting
- diarrhea
- sore throat
- loss of appetite
- headache
- body aches
- extreme fatigue or tiredness

If children are listless, unusually irritable, or have a loss of appetite I recommend that they stay home. Watch runny noses closely to ensure they are not getting worse, although this is not a symptom of Covid 19 I would recommend that children stay home if they have a new runny nose to prevent other illnesses from spreading through our child care centre. Fever must be gone before returning to Cornerstone Junior Kindergarten. Vomiting and diarrhea must be gone completely for 24 hours before returning.

Remember, if you think your child is ill, please keep them at home.

Staying home when sick is one of the most important ways to decrease the spread of COVID-19.

The following link provides information on when to seek a health assessment:

http://www.bccdc.ca/Health-Info-Site/Documents/COVID_public_guidance/When_to_get_tested.pdf

Or use the British Columbia Ministry of Health COVID-19 Self-Assessment Tool <https://bc.thrive.health/> to determine if your child needs to be tested for COVID-19.

If you have questions call 8-1-1 or your primary care provider. If a COVID-19 test is recommended for your child as a result of the health assessment, they should self-isolate in the care of an adult while waiting for results

- If the COVID-19 test is positive, self-isolate and follow the direction of public health.
 - If the COVID-19 test is negative, return to the child care facility once well enough to participate.
 - If a COVID-19 test is recommended but not done, self-isolate for 10 days after the onset of symptoms and return when feeling well enough to participate.
- Children will be encouraged to tell staff if they are feeling sick
 - Children or staff who become sick while in Cornerstone Junior Kindergarten should go home as soon as possible
 - If a child becomes unwell while at Junior Kindergarten staff will immediately separate the symptomatic child from others in a supervised area. Parents will be called to come pick up their child, a staff member from Cornerstone Christian School will care for the sick child. If children or

staff are not be able to leave or be picked up immediately a space will be made available where the child or staff member can wait comfortably, which is safe and is separated from others. This can include being in the same room as others, as long as the person experiencing illness is at least two meters away from others and wears a mask if they're able to. Supervision will be provided. The staff member supervising the sick child will wear a mask while they are waiting for the child to be picked up.

Respiratory Etiquette Children and staff should:

- Cough or sneeze into their elbow sleeve or a tissue.
- Throw away used tissues and immediately perform hand hygiene.
- Not touch their eyes, nose or mouth with unwashed hands.
- Adult staff will encourage children to spread out over the whole classroom using the space provided using indirect guidance, putting small amounts of toys in different areas, putting two chairs by an activity, etc.
- Children will be encouraged to play in smaller groups, two at a time at the puzzle table, two at a time at the train table
- Children who have brought their own lunch kit from home will sit distanced from each other at snack time, they will be supervised to ensure that they only eat their own food and drink their own drink
- More time will be spent outside, story time can happen outside when weather appropriate
- The classroom will be cleaned and disinfected once every 24 hours
- Bathrooms will be cleaned and disinfected twice in 24 hours, after the morning class and after the afternoon class
- High touch surfaces will be disinfected twice in 24 hours, doorknobs, light switches, faucets, toilet handles, tables, toys handled by multiple children, etc
- Toys that have been "mouthed" will be put in a bin, cleaned and disinfected
- All visibly soiled surfaces will be cleaned before disinfection.
- Cleaning: the physical removal of visible soiling (e.g. dust, soil, blood, mucus). Cleaning removes, rather than kills, viruses and bacteria. It is done with water, detergents, and steady friction from cleaning cloth. Disinfection: the killing of viruses and bacteria. A disinfectant is only applied to objects; never to the human body
- Windows will be opened when weather permits it

Children will wash their hands:

- When they arrive at Junior Kindergarten
- Before they go home
- Before and after eating and drinking
- After using the toilet
- After playing outside
- After handling pets and animals
- After sneezing or coughing
- Whenever hands are visibly dirty
- Toys, manipulatives objects and other items that may not be easily cleaned (including things like sand, foam, playdough, rice etc.) can continue to be used if hand hygiene is practiced before and after use.

- Wash hands with plain soap and water for at least 20 seconds (sing the “ABC’s” or “Twinkle Twinkle Little Star”).
- If sinks are not available (e.g., children and staff are outside), supervised use of alcohol-based child safe hand sanitizer containing at least 60% alcohol may be considered.
- All children under the age of six should be supervised when using hand sanitizer.
- Take care when storing hand sanitizer. Keep products safely away from children and consider buying plain versions, without attractive colors, scents or glitter. Some newer hand sanitizers come in bottles, so replace bottle caps with spray nozzles or pumps to reduce the risk of accidental consumption.
- If a child accidentally consumes any amount of hand sanitizer, **call the BC Poison Control Centre: 1-800-567-8911**. Do not wait for symptoms of accidental poisoning to occur before calling.
- If hands are visibly soiled, alcohol-based hand sanitizers may not be effective at eliminating respiratory viruses. Soap and water are preferred when hands are visibly dirty.

Staff will wash their hands:

- When they arrive at the child care centre and before they go home
 - Before and after handling food (raw, cooked or prepackaged),
 - Feeding children
 - Before and after giving or applying medication or ointment to a child or self
 - After assisting a child to use the toilet
 - After using the toilet
 - After contact with body fluids (e.g., runny noses, spit, vomit, blood)
 - After cleaning tasks
 - Before and after wearing gloves
 - After handling garbage
 - Whenever hands are visibly dirty
- Staff will avoid physical contact with fellow staff members, minimize close prolonged face to face conversations with each other and maintain a 2 meter distance with other adults whenever possible
 - Staff will avoid unnecessary physical contact with children
 - Children and staff will be encouraged to spread out over the classroom space available
 - Children will be encouraged to spread out and use different play centres using indirect guidance, putting 2 chairs at a table for art, puzzles etc.
 - staff will minimize the number of additional adults entering the centre, unless that person is providing care or supporting the inclusion of a child in care, or supporting activities that are to the children’s learning and wellbeing
 - Parents, caregivers, health-care providers, volunteers, and other non-staff adults (e.g., visitors) entering child care settings will be limited to those supporting activities that are of benefit to children’s learning and wellbeing.
 - All visitors will provide active confirmation (e.g., sign in at entry, e-mail before entry, etc.) that they have no symptoms of illness and are not required to self-isolate before entering.
 - Cornerstone JK will keep a list of the date, names and contact information for all visitors who enter the setting.
 - All adult visitors will wear a mask when in Cornerstone JK.